

Tailored Protective Behaviours Programs

Early Years Safety Threads

Teaching kids about their right to feel safe, make choices about their bodies and how to get help from safe adults.

The Act for Kids Early Years Safety Threads is an evidence-led program. The Early Years Safety Threads Coaching Program empowers educators to integrate safety topics into a play-based curriculum.

The Early Years Safety Threads Program is designed to build educator confidence in teaching content that is often thought to be difficult.

Benefits For Schools

- Tailored options to meet unique needs of your centre and budget.
- Approved by the Australian Institute of Family Studies (AIFS) as an evidence-based program and Communities for Children Facilitating Partner.
- Learning experiences directly map to National Quality Framework and Early Years Learning Framework.
- Engaging and award-winning resources.



About Your Trainer



Act for Kids delivers this training in partnership with Fran Stowers from Workhorse Advisory. Fran has over 20 years' experience in child protection, education and family support. Fran is adept at turning tricky topics into confident conversations and is passionate about early intervention and prevention for children.

Coaching Program

Includes:

- 10 x 1hr virtual coaching & reflection sessions
- Protective Behaviours Principles e-learning module - Early Years
- 11 'how-to' videos
- Videos on how to manage tricky conversations with caregivers and how to respond protectively to disclosures in group and one-on-one settings.
- Access to all online resources
- Detailed learning guide outlining Early Years Safety Threads
- Jayneen Saunderson's "Little BIG Chats" book pack (12 books)

\$520
per person

Packages available for groups over 10 educators.


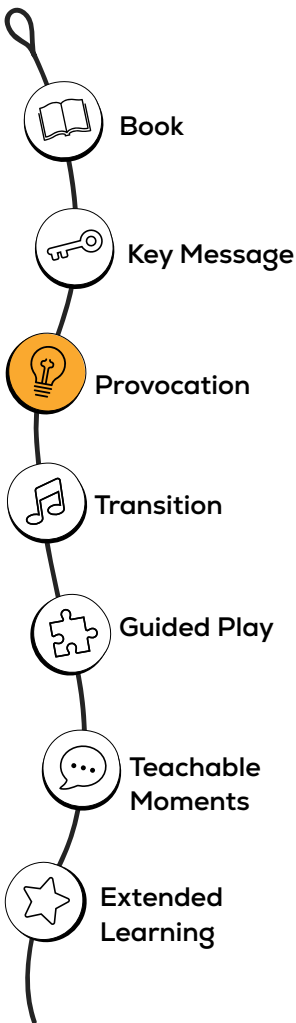








Protective Behaviours

Early Years Safety Threads Program



1. We all have the right to **feel safe** and **be safe** all the time
2. We can tell a safe adult anything, no matter what

Focus Areas	Description of Focus Area	Topics / Concepts	Embedded Protective Strategies
 What is Safety?	We all have the right to be safe		One-step removed problem-solving
 Feelings	We all have the right to feel safe		Persistence
 Warning Signs	If we don't feel safe we can always get help		Assertiveness
 Body Autonomy & Consent	Yes means yes and no means no		Trauma-informed language of safety
 Private Body Parts	I am the boss of my body; My body belongs to me		Protective interruption
 Secrets	Unsafe secrets should never be kept		Disrupting unwritten rules
 Safety Team	We can tell a safe adult anything; Adults need to follow the safety rules too		Removing blame, guilt and shame
			Help-seeking

Find out more about Learn to be Safe at
emmyandfriends.com.au

