

Grade 1 Plan

	Activity Name	Activity Type	Emmy resources
LESSON 1 What is Safety? 35 minutes + 15 minutes	Introduction	Group discussion	
	Let's read the 'What is Safety?' Book	Book	Learn to BE SAFE book
	Let's dance: Learn to Be Safe	Sensorimotor activity	Learn to be safe song
	Can you name our feelings?	Art/Craft	Our Feelings poster
	Extension: Let's make a feelings face	Project	Feelings Faces worksheet
	Summary	Group Discussion	
LESSON 2 Warning Signs 35 minutes + 15 minutes	Do you remember our feelings?	Group discussion	
	Let's read 'When I'm Feeling Nervous'	Book	
	Do you know about warning signs?	Group activity/game	Emmy Poster Emmy's warning signs pieces
	Is it okay or not okay	Group activity/game	Okay/Not okay signs Problems solving scenario cards
	Extension: If I feel my warning signs	Worksheet	Body Warning Signs worksheet
LESSON 3 Touch 40 minutes + 10 minutes	Do you remember our warning signs?	Group discussion	
	Let's talk about types of touch	Group discussion	Safe and Unsafe Touch Poster Types of Touch Scenario cards - Junior
	We're allowed to say 'no'	Role play	
	Let's read 'Everyone's Got A Bottom'	Book	Emmy poster Eddy poster Emmy's private body parts pieces Eddy's private body parts pieces
	Extension: Private parts colouring in	Worksheet	Private body parts worksheet
LESSON 4 Secrets 45 minutes + 10 minutes	Introduction	Group discussion	
	Let's dance (A Secret... Do We Keep It?)	Sensorimotor activity	A Secret... Do We Keep It?
	Let's read 'Do You Have A Secret?'	Book	
	Let's move (Safe and unsafe secrets)	Group activity/game	
	Is it a safe or unsafe secret?	Group discussion	Secrets cards - Junior Safe Secrets poster Unsafe Secrets poster
	Extension: Drawing secrets	Art/Craft	Safe and Unsafe secrets worksheet
LESSON 5 Safety Team 50 minutes	Introduction and Review	Group discussion	
	Let's read "My Safety Network"	Book	My Safety Team by Jayneen Saunders
	Let's look at Emmy's Safety Team	Group activity/game	Emmy's safety team poster People cards
	Let's teach Emmy how to tell	Role play	
	My Safety Team	Worksheet	My Safety Team worksheet