

# Grade 3 Plan

	Activity Name	Activity Type	Emmy resources
<b>LESSON 1</b> Rights & Responsibilities 40 minutes	Introduction	Group discussion	
	What are child rights?	Group activity/game	
	Something I want or something I need?	Group activity/game	Wants vs Needs Teacher Prompts card
	Wants vs. needs	Worksheet	Wants and needs worksheet
<b>LESSON 2</b> Safety 50 minutes	What is safety?	Group discussion	
	Unscramble this!	Group activity /game	
	My Safety Super Hero	Worksheet	Super Hero Personal Profile worksheet
<b>LESSON 3</b> Feelings 60 minutes	Name that feeling!	Group activity /game	Our Feelings poster
	SuperFriend Comic Strip	Worksheet	SuperFriend Comic Strip worksheet
<b>LESSON 4</b> Warning Signs 20 minutes  Body responses to fear 45 minutes	Remember our warning signs?	Group discussion and worksheet	Emmy poster Eddy poster Emmy's warning signs pieces Eddy's warning signs pieces Warning signs matrix worksheet
	Trust your gut!	Group activity/game	
	Instincts	Group activity/game	Fight, Flight, Freeze Scenario Cards Body Responses to Fear poster
	Relaxation	Group activity/game	
	Is it fight, flight or freeze?	Worksheet	Fight / Flight / Freeze poster Fight, Flight, Freeze matching worksheet
<b>LESSON 5</b> Safe and Unsafe Situations 60 minutes	Introducing risk	Group discussion	
	Risky situations	Role play	Risk continuum poster
	What if?	Group activity/game	Teacher prompt card: What if?
	What's the risk?	Group discussion and worksheet	Risk continuum poster Risk continuum worksheet
<b>LESSON 6</b> Online Safety 55 minutes	Introducing Online Safety	Group discussion	
	What is online?	Group activity/game	Online safety risks poster Online safety risks cards
	Who is online?	Group activity/game	Online safety risks poster Online safety risks cards Online messaging risks poster
	Online Bullies	Group activity/game	Online safety risks poster Online safety risks cards

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<b>LESSON 7</b>	<b>Body Autonomy and Consent</b> 60 minutes	Private Parts and Places	Group discussion and game	Emmy poster Eddy poster Emmy's private body parts pieces Eddy's private body parts pieces
		It's called consent!	Group discussion	
		It's called consent!	So... What is consent?	Consent poster Consent Scenario Cards
		Types of touch	Group discussion and worksheet	Types of Touch poster Types of Touch worksheet
<b>LESSON 8</b>	<b>Secrets</b> 60 minutes	Some Secrets Should Never Be Kept	Book	
		Stories about secrets	Role play	Secrets Scenario Cards - Senior
		Telling vs. Tattling	Group activity/game	Tattling vs. Telling poster Tattling vs. Telling cards
		Persistence	Worksheet	Persistence storyboard worksheet
<b>LESSON 9</b>	<b>Power</b> 50 minutes	Introducing Power	Group discussion	
		Power strategies quiz show	Group activity/game	
		Tricky detectives	Worksheet	Unsafe tricks worksheet
<b>LESSON 10</b>	<b>Trust Team</b> 60 minutes	Introducing Safety Teams	Group discussion	
		Support Circles	Group discussion	
		Big Problems, Big Solutions	Group activity/game	
		Tricky Conversations	Worksheet	Asking for help worksheet
		Closure	Group discussion	